First Syrian Family Arrives in Hubbards

By Catherine Clute

The first Syrian family to move into the Hubbards area is here. The Zeina family, consisting of mom, dad, and four young children, moved into their furnished home on February 29th in Queensland.

Their arrival climaxes a long attempt by the Syrian Refugee Project to extend a helping hand to someone in desperate need of help.

Members of the Project excitedly made the announcement on Sunday, February 28th.

"Just last week we heard of a family that is a perfect fit and we decided that we should welcome them to the warmth and friendliness of Hubbards," said Rayan asleep (photo by Bay Refugee Project).

Mary Fay of Chester Brings Team Canada to Gold

By Catherine Clute

May Fay of Chester made history on March 13th when the 17-year-old skipped Team Canada to a World Junior Championship in Denmark.

Speeches were made and certificates given from politicians at all levels of government after the team's return.

The team went undefeated through the first eight games of the tournament and managed to win the final games against Team USA for the Gold Medal.

According to Halifax sports reporter, Monty Mosher, this is the first world junior curling title for a Nova Scotia team.

Besides Mary and coach John Atherton, the team is made up of Kristin Clarke of Halifax, Karlee Burgess of Truro, Janique Leblanc of Fall River, and alternate Sarah Daniels from British Columbia.

Their faith was well-rewarded. All the youngsters are back in classes but somehow one expects that this isn’t the last the curling world has heard from them.

Gabrielle Trudel of Timberlea Nominated for Best Performance

Twelve-year-old Gabrielle Trudel of Timberlea has been nominated for Best Performance in a TV series for her role as “Lizzie Hendrickson” in “Haven”.

Gabrielle played the daughter of Haven’s police chief Dwight Hendrickson.

This was one of Gabrielle’s first roles after signing with the Atlantic Talent Agency in Bedford when she was ten-years-old.

In fact her mother, Delinda, says that Gabrielle begged to be on TV from the age of four or five.

“I was extremely excited when I found out I got the role on Haven!” exclaimed Gabrielle. “It was the best phone call of my life!”

“She really did love being part of the cast on Haven,” said Delinda. “It was so wonderful for being one of her first acting experiences. She had been cast in a role on the Lizzie Borden Chronicles, starring Christina Ricci at the same time basically, which was also filmed here, but more in the Halifax area.”

Gabrielle was in four episodes of that TV series, said Delinda.

“She was incredibly lucky to get both roles, especially since she was just starting out,” she added.

Gabrielle said that she is incredibly honored to be recognized for her work on Haven and to have received a nomination from the Young Artist Awards.

The Awards have been recognizing young talent across Canada.

The staff of The Masthead News would like to wish everyone a very safe and Happy Easter season as we reflect on the cross and celebrate the Risen Christ.

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North America for 37 years and holds a yearly awards show in Los Angeles, California. Along with being an aspiring actress, Gabrielle is also passionate about dance and spends most of her free time training at the Rhythm in Motion Dance Studio at the St. Margaret's Bay Centre in Tantallon.

Gabrielle is hoping to pursue a career where she is able to both act and dance. “That would be my dream!” she says. To add to her excitement, the 12-year-old has been accepted to a summer intensive program at L’Ecole Superieure de Ballet in Montreal, which is a professional dance school.

**Halifax Green Network Plan**

The Halifax Green Network Plan will determine the long-term conservation of important open space lands and waters across the Halifax region. Join us at one of the following public meetings to view the work to date and to provide input on proposed planning directions.

- **Sheet Harbour Chamber of Commerce, Lion’s Centre, 183 Poole Rd.**
  - April 6 6–7:30 p.m.
- **Prospect Road Community Centre, 2141 Prospect Rd.**
  - April 2 3–6 p.m.
- **Estabrooks Community Hall, 4408 St. Margaret’s Bay Rd.**
  - April 1 5–8 p.m.
- **Atlantica Hotel, 1980 Robie St., Halifax**
  - March 31 6–9 p.m.
- **Gordon R. Snow Community Centre, 1359 Fall River Rd.**
  - March 30 6–9 p.m.
- **Auburn High School, 300 Auburn Dr., Cole Harbour**
  - April 4 6:30–9 p.m.
- **March 31 6–9 p.m.**
- **Atlantic Hotel, 1980 Robie St., Halifax**
  - April 1 5–8 p.m.
- **Estabrooks Community Hall, 4408 St. Margaret’s Bay Rd.**
  - April 2 3–6 p.m.
- **Prospect Road Community Centre, 2141 Prospect Rd.**
  - April 4 6:30–9 p.m.
- **Auburn High School, 300 Auburn Dr., Cole Harbour**
  - April 5 6:30–9:30 p.m.
- **Musquodoboit Valley Bicentennial Theatre & Cultural Centre, 12390 Hwy 224 Musquodoboit**
  - April 6 6:30–9:30 p.m.
- **Sheet Harbour Chamber of Commerce, Lion’s Centre, 183 Poole Rd.**
  - April 7 6:30–9:30 p.m.
- **Eastern Shore District High School, 35 West Petpeswick Rd.**
  - April 7 6:30–9:30 p.m.

**A Letter of Invitation from Olivia Rybicka-Oliver**

Hello,

This is Olivia Oliver and I am 13-years-old and I live in Hammonds Plains.

You may remember that a year ago I became a Guinness World Record Holder for the fastest spinner on ice skates.

I worked really hard for two years to achieve my record and I also did it to raise money to make wishes come true for 12 sick kids.

Last week I received the Scotiabank Young Community Hero Award from the Halifax Mooseheads and I want to continue helping more and more kids who are not as lucky as me.

You can read about my achievements and watch my world record spin at www.oliviaoliver.org.

So I’m fundraising for three great kids’ causes by helping make the most delicious home-made, authentic Polish Pierogi you have ever tasted—by creating a fundraiser called Pierogi Palace.

Everything I raise will go towards the following causes:

1. **Cystic Fibrosis**
   - Helping more and more kids who are suffering from cystic fibrosis.
   - One of our wishes is to help bring these kids to Canada and see Niagara Falls.
   - These brave kids are both 9-years-old. One has asthma and the other has epilepsy.

2. **Polish Friends of the Embassy of Poland in Warsaw**
   - With your help we can make their dreams come true.
   - Thank you so much for reading this.

Olivia

**If You Have Concerns About Clear Cutting Bowater-Mersey Lands**

Halifax Mayor Mike Savage, email mayor@halifax.ca.

Deputy Mayor Matt Whitman, mattwhitman@halifax.ca.

Hammonds Plains/Lucasville MLA Ben Jessome, jessomeben@gmail.com.

Thanks to Mike Lancaster of the St. Margaret’s Bay Stewardship Association.
Elaborate details on an application by West Bedford Holdings Limited to enter into a development agreement on a mixed use subdivision in the Larry Uteck Boulevard area were heard by residents during a public hearing on February 29th.

The new subdivision, if approved for development, would be built on lands bordered by the Boulevard, the Kingswood subdivision and Kearney Lake Road.

The proposal includes 181 acres of residential development consisting of 697 single units, semi-detached and townhouse units.

As well, it includes 1,506 dwellings in apartment buildings, 7.6 acres of institutional uses, and 34 acres of commercial land uses.

The land would be divided into two separate parcels bisected by the future Hwy 113 and joined to the Kingswood subdivision via an entrance at Terradore Lane and on the Kearney Lake side via Belle Street.

Many area residents expressed serious concerns about the development, fearing that proposed building lots with only 50 feet of frontage would not be in keeping with the existing lands that have lots of an acre or more.

Building heights could reach 30 to 40 feet and the apartment buildings up to 15 stories.

Kingswood ratepayers were also concerned about extra vehicle traffic in the subdivision, land blasting, clear cutting, the effect on existing wildlife, and overall building density.

The blasting, some said, could have a negative effect on the wells now serving their properties, as well as water quality in Kearney Lake and the infilling of existing wetlands.

Andrew Bone, Senior Planner for Planning Applications, Western Region HRM, stated that Larry Uteck Boulevard will be expanded to four lanes on the north side of the development.

He also said HRM doesn’t believe that proposed Hwy 113 will be built by the province, even though land has been set aside for it.

The only interior connection to both parcels will be via an underpass on the south end of Hwy 113, if built.

North West Council decided to defer a decision on the proposal after Councillor Tim Outhit stated “The project does not pass muster.”

Councillor Brad Johns did not show his support either. “It has significant effects on the community,” he said.

Deputy Mayor Matt Whitman was unable to attend the meeting and offer his comments, creating another reason to defer.

Council Outhit said it would probably be another two or three months before council “comes back for a vote.”

However, Mr. Bone added, “A deferment does not allow further input from the public or the developer until HRM staff can prepare a report to deal with the issues raised in the public hearing.”

The entire proposal can be viewed on line at the HRM website as Development Agreement Case #18781.

The amateur photography contest started by the St. Margaret’s Bay Area Rails to Trails Association is carrying on until October 2016.

Trail users who reside in Nova Scotia are invited to continue to submit digital or print images of views they have photographed from the trail during all four seasons.

November prizes will be awarded for the top three photos. Submitted snapshots will be acknowledged on Facebook and through an exhibit at the TD Bank in Upper Tantallon.

Details of the contest are posted at www.stmargaretsbaytrails.com.

Inquiries may be directed to stmargaretstrail@eastlink.ca.

The St. Margaret’s Bay Area Rails to Trails Association is still looking for trail guardians who can report erosion or deterioration.

If you are interested in participating in the program, contact Anne Patrick at chair@stmarta.com for further details.

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If you are not currently advertising, but would like to reach an audience of 14,680 homes and businesses in the Western HRM (Tantallon, Hammonds Plains and St. Margaret’s Bay), as well as Chester, here is your chance!

GET INTO EVERY HOME AND EVERY BUSINESS IN THIS FASTEST GROWING AREA OF NOVA SCOTIA!

Minimum of 3 issues required at $52 each + HST.
First Syrian Family Arrives

Story can’t from page 1

of the Bay Community,” the announcement said.
Volunteers helped the family move in the very next day—the afternoon of the 29th. The Zeinas said they were very grateful for being able to raise their children in a safe environment and to become a part of the community.

“Educating my children and building a home for my family is what I want the most,” said Wafaa, wife of Ziyad and mother of Mohammed (11), Noor (7). Ahmed (almost 5) and Rayan (8 months).

Even before she knew she would be leaving her life-long home, Syria and then Jordan, Wafaa said she had good thoughts about Canada.

It is quite an adjustment for them.

Already they are experiencing colder weather than what they are used to back home.

In their home community of Saham-Golan in southwestern Syria, they are used to summer temperatures in the 35-40 degree Celsius range with the lowest temperature dropping to 10 degrees.

The last time Wafaa saw snow was approximately 30 years ago, when she was the same age as her seven-year-old daughter, Noor. Already in their three weeks in Queensland they have had two official snow days.

But “it is beautiful,” she says.

The children have learned quickly how to make snowballs. Ziyad, her husband, is looking at trying his hand at gardening in Canada but was surprised and a bit disappointed to find out that Canada had only one growing season.

In southwestern Syria, families could grow olives and vegetables almost year round.

He says that he is looking forward to the arrival of spring so he can try his hand at growing vegetables in this climate.

“I want to grow greens, lettuce and parsley,” he said.

Ziyad and his family were forced to flee Syria after their home in Daraa was destroyed. Jordan became their next home for several years.

While there some people they knew tried to persuade the family not to move to Canada because, they said, Canadians didn’t know much about Islam and they might lose their religion.

But Wafaa knew that Canada was a free country where everyone could practice his or her religion more openly.

Both she and her husband have left behind many family members. Wafaa worries about her brother who is still in Jordan in ill health.

Life in general is not very good in Jordan, Ziyad says. There is no work, no education and no money.

He is eager to get to work and better his family’s life. He is a tiler by trade and enjoys working with ceramics, floor and wall tiles, porcelain and marble.

He is hoping to work with one of his neighbours, a plumber, to extend a water pipe and perhaps build a small fountain in his front yard.

Mohammed (11) and Noor (6) have started school already in Hubbards.

Since they have now settled into a routine, Wafaa says she has noticed a change for the better. The children are happier and healthier and the relationships between their children have become stronger.

Mohammed is in grade 5 and Noor in grade one. Both like their teachers a lot and are enjoying school.

Noor is excited to be learning English and Mohammed is pleased to be meeting new friends and playing soccer.

Both children looked at Catherine Clute, the interviewer, quizzically when asked what they did not like about school—as if they had never heard such a ridiculous question.

Noor thinks she might like to be a hair dresser when she grows up—or maybe a doctor adds, while her younger brother, Ahmed, is looking forward to starting pre-school next week.

Allowing their children to flourish is the main reason Wafaa and Ziyad wanted to come to Canada, Wafaa says.

Ziyad is looking forward to making new friends. When he first came to Canada, he found the experience difficult, but now that he is settled into a home and has been introduced to nice people, he feels there is hope and possibilities for a better life in Canada.

Both parents thanked their new friend, Basim Sobeh from Dartmouth, for acting as their interpreter during the interview for this story.

They also thanked the people of the Hubbards area, rattling off the names of all their new friends from the Bay Refugee Group and neighbours.

According to Steve Sharam of the Bay Refugee Project, a team of volunteers have stepped up to help the Zeina family learn English.

The Bay Project is also preparing for two more families.

“We are going to do it all again,” says Sharam. “These are real people who need our help.”

A potluck welcome party is being held at St. Anthony’s church in Hubbards on April 17th from 1:00 to 3:00 in the afternoon.

If you are lucky, Wafaa just might make you some of her awesome coffee.

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Deadline for the April 20th issue of The Masthead News is April 13th
The 77-year-old Hammonds Plains Community Centre (HPCC) is heading into 2016 with a new look.

Details were shown at the February 15th annual general meeting hosted by the board of directors.

The board and its volunteers managed to end 2015 with an excess of a little over $1,200.

This was helped with the board’s Curb Appeal Project, said President Jennifer Barr-Gaetz, which saw an immediate physical improvement to the building that resulted in an immediate increase in business.

Work included new signage, painting of the exterior and planters at the front of the building.

Rental income from such groups and organizations as Andrea’s Music Studio and a kids’ Halloween Spooktacular party, coupled with financial help from Deputy Mayor Matt Whitten, MLA Ben Jessome, MP Geoff Regan and community members, was helpful and appreciated, Jennifer said.

Upcoming plans include a $66,000 kitchen renovation, subject to obtaining funding, and a new roadside sign.

HPCC Treasurer Shaun MacIntyre said, “The building….has issues with deferred maintenance and challenges….there is no contingency fund for unexpected repairs not covered by insurance.”

He said it will be up to the Hammonds Plains community to demonstrate their support through rentals, donations and volunteer time “so that sufficient profits can be generated to ensure a safe, livable and self-sufficient community centre.”

Flash Flood: Life in the Middle East

The Athenaenum Society of Nova Scotia is presenting a very timely, illustrated talk on “Flash Flood: Life in the Middle East Before, During, and After the Arab Spring.”

“As part of this province prepares to welcome refugee families from war-torn Syria, Emily King from Hubbard will talk about her personal experiences living in that turbulent part of the world during her years as a diplomat in the Middle East,” writes spokesperson Philippa Bogal.

At the same time she will share pictures and stories.

Ms. King worked for the Canadian government in Saudi Arabia, Syria and Jordan over the past decade.

She describes herself as having “itchy feet”, working in France and Japan as a young adult.

While studying social anthropology at Dalhousie University, she fell in love with food and later opened a restaurant with her partner, Jason Burke.

She was recruited into the foreign service of the Department of Foreign Affairs and International Trade (now Global Affairs Canada) in 2001, and has also served in the Department’s Middle East and Asia-Pacific divisions in Ottawa.

She and Jason have three children and have returned to live in Hubbards during Ms. King’s posting to Halifax, where she is a Trade Commissioner specializing in the aerospace and defence sectors.

Her presentation is taking place on Sunday, April 17th, at the Ocean Swells Community Centre, 2726 Hwy 329 in Northwest Cove, Aspotogan Peninsula, at 2:30 p.m.

Coffee and cookies will be served following the talk.

All are welcome.

Four Invited to Perform at Carnegie Hall

Four boys who graduated from Sandy Lake Academy in Bedford have been invited to Carnegie Hall to perform in New York the first week of May.

The four make up a men’s quartet and are involved in choirs at Burman University in Alberta. Some of the Slaunwhite family in the Bay is attempting to help the boys raise money to go to Carnegie Hall by holding a gospel concert at St. Peter’s Anglican Church in Hackett’s Cove on March 20th at 7:00 p.m.

Two of them are nephews to Dawn Graves, who notified the Masthead about the boys.

Each boy has to raise $1,500.

The event is open to the public and will feature George Longard, The Bluegrass Side of Country, The Slaunwhite Sisters and other local talent.

George Longard, the brother to Dawn’s mother, was inducted into the Nova Scotia Music Hall of Fame this past September, along with George Canyon.

“I think it’s a pretty exciting thing that four local boys are to be featured at such a prestigious event,” said Dawn, “Certainly not everyone has the opportunity to do that!”

The boys’ names are Dakota Hesler, a voice major and tenor; Devin Slaunwhite, a baritone who is studying psychology; Jacob Slaunwhite, majoring in Music Performance; and Ryan Slaunwhite, the group’s baritone; and Joshua Graca, a voice major and the quartet’s bass.

There is no fee but donations will be appreciated.

Alice in Wonderland, Jr., Fresh Take on a Classic

Nearly every adult in the English-speaking world has read Lewis Carroll’s classic “Alice’s Adventures in Wonderland”, or at least knows what it is about.

Now Unicorn Theatre brings to the stage a fresh take on the well-beloved story that features all of the familiar characters, adding lots of comedy and some terrific songs.

Based on the 1951 Disney animated movie, “Alice in Wonderland, Jr.” introduces a whole new generation to the ever-curious Alice, and what happens when she follows the White Rabbit down the Rabbit Hole and into Wonderland.

This wonderful family musical opens at the Bay Community Centre on April 22nd and runs for six performances until May 1st.

Unicorn’s enthusiastic young cast members invite everyone to join them on a timeless, topsy-turvy world of Wonderland where Alice meets the enigmatic Cheshire Cat, races the Dodo Bird, gets tied up with Tweedle Dum and Tweedle Dee, raps with a bubble-blowing Caterpillar, drinks tea with the Mad Hatter, is intimidated by a bunch of mean-girl flowers, and beats the Queen of Hearts at her own game.

The Unicorn Theatre is a totally volunteer youth theatre located in the Bay Community Centre, 11 Station Road, Head of St. Margaret’s Bay.

The theatre’s programs are assisted by funds received from the Bay Treasure Chest.

Information about the Unicorn Theatre may be found on the theatre’s website at www.unicorntheatre.ca or on its Facebook page.
Bonny Lea Farm Holding Spring Concert April 9th

Bonny Lea Farm will be opening its doors on April 9th for an evening concert featuring some of Chester’s well-known groups, including the Chester Brass Band, the Studio Singers and Jazzette. Having a concert in the spring is something they haven’t done in a while, says a press release.

A special feature of the concert will be Rose Deveau, who will lead the Bonny Lea chorus in singing “This Little Light of Mine”, backed up by the Studio Singers.

There will also be a silent auction and an opportunity to purchase some of the oil and vinegar products made on site.

Tickets are $15 or $40 for a family (two adults with children) and may be purchased at the Chester Pharmasave or by calling 902-275-3933 or toll free 1-800-363-7529.

Shoreham Village Holding Annual Volunteer Appreciation Social

Shoreham Village is preparing to thank all of its volunteers by holding its annual volunteer appreciation social on Thursday, April 14th at 2:00 p.m.

“Please join us for our Garden Tea in honor of all our wonderful volunteers,” says an invitation. The ceremony will be held in the main lounge of Shoreham Village.

Refreshments will be served and camaraderie offered. If interested, you can RSVP to the recreation department by Thursday, April 7th by emailing to recreation@shorehamvillage.ca or call 902-275-5631 ext. 233 or 235. Many of the volunteers will be recognized for years of service.
Local Pharmasave Evolving to Meet the Needs of Consumers

In the past few months, your local Pharmasave has been evolving to meet the needs of all of our consumers.

We have expanded our Home Health Care Department to offer new and more realistic options for Breast Cancer Survivors including, Perfect Silhouette Custom Made Breast Prosthesis as well as mastectomy forms and bras. Perfect Silhouette duplicates your original breast profile and it is custom molded to your chest wall, light weight and worn with your regular bra or swim suit. We are happy to inform you that this product is covered under most private insurances. Seeing is truly believing with Perfect Silhouette.

We have a large selection of bath safety and mobility and are very happy to offer to home consultations.

Our goal in Home Health Care is to keep you happy and independent in your home.

Please contact Jamie Mader (Home Health Manager) to set up your free in store consultation or she would be more than happy to join you in the comfort of your own home.

Tantallon Pharmasave is also an independently authorized Ideal Protein dealer! The centerpiece of this weight loss program is its incomparable variety of over 60 delicious foods. Your Ideal Protein Coach will provide you with one on one weekly support sessions and ongoing education as well as weight and measurement progress analysis.

Join Amy Amrith (Pharmacy assistant/Ideal Protein Coach) and Chris Wade (Regional Consultant) on April 12th at 6:30pm for a free educational seminar and product tasting.

Learn how the Ideal Protein method has been helping dieters achieve their personal weight loss goals for over a decade!

Sign up and book your initial consultation at our event and we will waive the start up fee! A $50.00 value!

Compassion Workshops for Those Who Want Them

A few hours that might transform your life are being offered Saturday, March 26th, at the Tantallon Library. A 3-hour, compassionate workshop is being set up for 1:00 to 4:00 p.m.

“Like so many of you, we see the need for compassion to play a more prominent role in our personal and professional lives, and in society altogether,” says David Wimberly, speaking on behalf of Transition Bay.

He said that scientific research validates the feeling that compassion helps to deepen our ability to live and work with others.

In the course that is being offered on the 26th, participants can build on their compassion and learn how to use it better when engaged with individuals and groups.

“Just imagine how this can better the life of…groups of all kinds, as well as lives of individuals,” said David.

All are welcome to attend and groups are being encouraged to send delegates to bring back what they are taught.

The workshop will be presented by Waves of Compassion Association and the Atlantic Contemplative Centre, hosted by Transition Bay.

How to Become a Member of the Our Health Centre

The Our Health Centre is reminding citizens who live in the region to be served by OHC that they have the right to be a member of the association.

Memberships are valid from April 1st of a given year until March 31st of the following year. The cost is $10. You can send an email to communications@ourhealthcentre.ca with your name, address and phone number, indicating you wish to be a member or leave this information at 902-279-6500. The membership fee of $10 can be paid by mailing a cheque to Our Health Centre, Box 74, Chester, NS B0J 1B0.

Or you can pre-register by emailing communications@ourhealthcentre.ca and asking them to contact you for your credit card number.

There is no charge for attending but donations are welcome. Coffee, tea and cookies will be offered. You can pre-register at http://fluidsurveys.com/surveys/accsat/3-hour-workshop-compassion-training-26mar

But you are welcome to attend without pre-registering. If you have questions or concerns, contact the presenters at info@eastlink.ca.

You can find out more at wavesofofcompassion.ca and at contemplativecentre.ca. The workshop will be led by Kim MacAulay, Jim Torbert, and David Whitehorn.
Listening Fatigue

Jenna MacKay, M.Sc., Aud(C)
Certified Audiologist

Hearing loss is more than just not being able to hear what someone is saying or not hearing environmental sounds. We hear with our brain and as a result we use several areas of the brain during a simple conversation. A hard of hearing person has to think, concentrate and work much harder than a normal hearing person. When someone has a hearing loss (even a very mild one) they need to construct and process meaning out of half-heard words and sentences, often making guesses to help figure out what is being said. Therefore, having a simple conversation is no longer effortless and can leave them extremely tired as listening takes a lot of effort and energy.

This is true for all listening environments, but especially when background noise is present. Conversations are much more difficult and tiring when had in a more challenging environment because your brain needs to work harder than it does in quiet to figure out what has been said. Often those with hearing loss will withdraw from social situations as it is too difficult and demanding on them to have a conversation.

If you have hearing aids but have not had an updated test in the past two years it is important that you have one so your hearings aids can be programmed to your current loss to ensure they provide you with the most benefit possible. If you are not wearing hearing aids and have a hearing loss, do not put it off any longer. When hearing loss is properly treated, individuals report reduced listening fatigue and more confidence in social situations.

Call us today to book your hearing evaluation.

The hearing Specialists

(902) 826-9712

5288 St. Margaret's Bay Road
Unit 102, Upper Tantallon, NS
B3Z 2J1

www.hearingspecialists.ca

The Dirtiest Thing You Use in Your Kitchen

According to a new study, hand towels are the dirtiest hazard in the kitchen.

One-hundred-twenty-three people were asked by Kansas State University researchers to prepare a recipe consisting of either raw ground beef or chicken. A ready-to-eat fruit salad was also prepared.

A harmless type of bacteria was introduced to the raw beef and chicken in order to trace meat contamination that might be spread during meal preparation.

“First, participants were observed frequently handling towels, including paper towels, after using them while preparing a meal,” said Board Member Fred Dobel. “Visitors to the Centre often inquire about the Seniors Association and what we do in the community. We always welcome visitors at our monthly meetings, which is another great way to see what the organization is all about.”

Thank you to Ann Davis, Petra Shiers, Sandra Poulin, Virginia Tucker, Carl Breckenridge, Beverly Carlisen and several other volunteers who make the Information Centre a lively place.

Stop by and see for yourself on Mondays and Thursdays from 10:00 a.m. to 2:00 p.m. in “The Doctor’s Office”, next to the old Pharmasave in Redmonds Plaza, 5181 St. Margaret’s Bay Road, or call 902-820-3334 or email info@bayseniors.ca.

Many of the participants touched the towels before washing their hands or used them after inadequately washing their hands.

Even after washing their hands correctly, participants reused the towels and re-contaminated their hands.

Towels can be the carriers of harmful germs that enter into your food and cause illness.

Previous studies proved that bacteria found in raw meat and poultry grows on cloth towels stored overnight, even when washed and rinsed in the sink.

One idea is to use paper towels and throw them away immediately after use or to wash cloth towels after using them while preparing a meal. More than 90% of the fruit salads were contaminated with the bacteria by the participants as well. Four out of five left raw meat contamination on the sink faucet, refrigerator, oven and trash container.

Cell phones turned out to be another potential hazard in the kitchen. “We often take our cell phones and tablets into the kitchen,” said food safety specialist Jeannie Sneed. “But what about all the other places we take them? Think of how many times you see someone talking on their cell phone in places like the bathroom, where microorganisms such as norovirus and E. coli are commonly found.”

She says that if these devices are used in the kitchen, you should disinfect them.
Madeline Symonds School Celebrates African Heritage Month  By Keith Ayling

More than 700 students at Madeline Symonds Middle School gathered in the school gymnasium on February 25th to celebrate African Heritage Month.

A special treat came from MLA Tony Ince, Minister of Communities, Culture and Heritage, when he played a hand drum from West Africa that is used to inform people a celebration is about to take place. The drum provided low, medium and high beats, with the low sounds reverberating across the gymnasium.

Singer Chelsea Amber had the audience clapping along with her songs as well. Student dancers also performed.

Suitable Housing Needed for Refugees

The Bay Refugee Project is calling on the community to help with finding suitable housing for more refugee families. Families are arriving in Nova Scotia and need secure, comfortable and affordable accommodation to start their new life.

At least one more family is expected to arrive in the Bay area.

If you have a house or apartment for rent, and would be interested in renting to a refugee family, contact Beverly Carlsen at her email: beverly.carlsen@yahoo.ca. Preference is for housing that is within proximity to services such as schools, shops, and transport, but all offers will be considered.

Left to right in the photo are Tony Ince, Rhyza Blanding (grade 7), Emme Landry (grade 7), Junasia Johnson-David (grade 7), MLA Ben Jessome and Liam DuJohn (grade 9). A mural of the Black National Anthem hangs behind them.

Liz Thompson Wins the Jackpot: $25,243

Liz Thompson won the big jackpot in the Bay Treasure Chest draw on March 16th with her winning number of #3245.

Cindy Smith of Glen Haven won $5,613 on February 17th by playing #6566 at Redmond’s Hardware.

All other draws since the last issue of Masthead were rollovers, producing the $25,243 bonanza that Liz won. She is still thinking about her plans for the money but does want to buy a brand new bed and give her daughter some money to help her out.
Hope for Another Refugee Family Unfolding on Prospect Road

Love is reaching out once again to a desperate Syrian family robbed of their homeland and culture due to war.

Communities along the Prospect Road have banded together to personally respond to the ongoing humanitarian crisis in Syria by organizing themselves into the Route 333 Refugee Sponsorship Association.

The group is well into its goal of raising $30,000 by showing $11,528 in its coffers as of last week.

Donations have come from the New Life Community Church, schools, community groups, individuals and businesses.

“We have set an ambitious goal of bringing a family to the Halifax area this summer,” says the organization’s website. “These refugee families are arriving in Canada with little more than the clothes on their backs.”

People in the Masthead News circulation area can help out.

You can volunteer your time or expertise or you can make financial contributions.

Contributions can be made through www.gofundme.com/Rt333RefugeeAssoc or by cheque made payable to the New Life Community Church in trust to the Route 333 Refugee Sponsorship Association.

You must donate by cheque in order to receive a tax receipt.

Cheques can be sent to Route 333 Refugee Sponsorship Association, 1600 Prospect Bay Road, Prospect, NS B3T 2B2.

You can also donate online at the GoFundMe site but you cannot get a tax receipt.

To volunteer your time or expertise, or to help out in other ways, contact the above organizations.

Deadline for the April 20th issue of The Masthead News is April 13th.
A Personal Letter to the People of Nova Scotia from Geoff Le Boutillier

Down here on St. Margaret’s Bay, right in the middle of a heavily used recreation area, across the road from the historic Old Annapolis Eliking Trail, opposite the popular Boy Scout Camp on Sandy Lake, right between two protected areas and featuring impressive, mature stands of red spruce, the Nova Scotia Department of Natural Resources has decided in its wisdom to open up for clear cut 385 hectares of former Bowater-Mersey lands right in the heart of the famous St. Margaret’s District.

Last year, (while) turning a deaf ear to community protest and significant media attention, they did the same thing along the East side of the Bay, right in the middle of a community forest on these lands was flatly rejected by the people of the Bay to establish a community forest on these stands of red spruce, the Nova Scotia forests.

So things are happening in Nova Scotia forests.

Together, this time, maybe just maybe we can turn this thing around.

Geoff Le Boutillier
Glen Haven

Administrative/Operations Person

The St. Margaret Sailing Club is a 60 year old community based Club located on St Margaret’s Bay in Glen Haven.

The Club is managed by a volunteer board and provides facilities for members to enjoy the waters of the Bay.

We are looking for a part time person to assume responsibilities for:

• Basic bookkeeping and office organization
• Day to day property management
• Assist with event management

Preferred characteristics and skills include:

• Self-Starter
• Resourceful
• Works well with people including volunteers
• Ability and desire to grow with the job.

This part time position is available immediately.

It will be full time during the summer months.

An average of 15-20 hours per week can be expected on an annual basis.

Salary is open for negotiation.

For more information or to apply, please contact:

Chris Pelham by email at cpelham@acadiau.ca

An Open Letter from MLA Denise Peterson-Rafuse

I am writing in response to a letter written by Liberal MLA Iain Rankin, which was published on February 24th, concerning electricity prices in Nova Scotia.

In his letter, Mr. Rankin attempts to construct a narrative that implies a direct link between a reduced, stable price for electricity and the actions of the McNeil Government.

I disagree.

The reduction in electricity rates by just under 1% for this year is a result of Nova Scotia Power’s (NSPI) lower fuel costs.

Fuel costs account for approximately 35% of power rates.

When suggesting a possible slight reduction in rates for this year back in November, 2015, NSPI pointed out that commodity prices for coal, oil and natural gas are at historic lows.

Given that these commodities make up 75% of Nova Scotia’s present fuel mix, one can easily see why there would be a reduction in rates.

To imply that this reduction is a result of the McNeil government being tough on NSPI is misleading.

The Electricity Plan released by the McNeil government in the fall of 2015 was dubbed “a really thin plan” by Nova Scotia’s Consumer Advocate.

In his letter, Mr. Rankin says under this plan “NSPI will be required to submit a 3-year fuel stability plan that reduces volatility.”

What Mr. Rankin does not mention is that NSPI has a guaranteed, legislated rate-of-return.

If, at the end of the 3-year period, NSPI does not achieve its guaranteed rate-of-return because it has underestimated fuel costs, who do you think will have to pay for the shortfall?

Unfortunately, in all likelihood it will be you and me, the taxpayers of Nova Scotia.

With this so-called “plan”, the McNeil government is simply playing short-term politics, kicking a potential rate increase 3 years down the road past the next election.

Like all Nova Scotians, I am concerned about electricity rates.

I believe we need to continue down the path of seeking long-term price stability by developing our renewable energy sources, such as the wind, sun and tides.

While we need to be bold, we also need to be responsible during this transition to greener sources of energy.

The hyper-partisanship concerning electricity rates demonstrated by the Liberals, first in opposition and now in Government, is an unnecessary part of this change.

Call Ron or Heather @ 902-857-9099
Or email us at: themastheadnews@aol.com

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Tuning Up for Newcomers

Spring is concert season for The Bay Chorale and rehearsals continue on this spring’s Songs of Welcome concert series. The concerts, presented in partnership with the Bay Refugee Project, will gather the community to welcome new neighbours from Syria and raise funds in support of refugee sponsorship.

The project was first featured in The Masthead News in January and public response has been positive. “We had quite a few inquiries and first-rehearsal visits as a result of our call for new singers, and overall we’ve added four singers to our ranks this term,” says Christina Murray, director of the choir. “A key mission of The Bay Chorale is engaging our community, so it’s been thrilling to see new faces joining us for this special project.”

The concerts, to be held in Upstreet and at Hubboards, will feature a musical repertoire that reflects the various cultures in Nova Scotia with themes of welcome, peace and hope for the future. “Shosholozo, an African song of welcome, has been a choir favorite to sing and promises to be a rousing listening experience for the audience as well,” says Murray.

Other repertoire will draw from Nova Scotia’s Acadian and Celtic roots. Students from Shattoft Elementary have been engaged as well. The concerts will feature a rendition of This Land is Your Land with a student-written verse about Canada. “We hope our audience will leave the concert feeling that we have come together as one community in song,” Murray says.

The choir will invite audience members to join them for an international food fair reception following each concert. The choir has taken time to reflect on a theme of welcome and how to best support new members of the community, with feedback and updates from Bay Refugee Project volunteer and new singer, Emily King.

Several of the choir’s singers have been past immigrants to Canada and have shared their own experiences and feelings about how a community can be warm and welcoming to a newcomer. “It’s been wonderful to have regular progress updates on refugee sponsorship from Emily and we are very excited that the community has welcomed our first Syrian family in time for our spring concerts,” Murray says.

Concerts will take place on Saturday, April 23, at 7:30 p.m. at St. Luke’s United Church in Upper Tantallon, and Saturday, April 30, at 7:30 p.m. at St. Luke’s Anglican Church in Hubboards. Ticket information is available at the Bay Chorale website, www.baychorale.org.

After Swissair: Book of Poems on Flight 111 Now Out

Budge Wilson

Budge Wilson, a local poet renowned for her works, is busy signing a book 10 days that she calls “After Swissair”.

The whole book focuses on the enormous suffering that took place among the families who lost loved ones and the bravery, compassion, and emotions demonstrated by volunteers and communities.

“What carried so many of them through this tragedy was the astonishing generosity and kindness each group gave to the other,” says Potterfield Press, publisher of “After Swissair”.

As Budge says, “We all needed the families as much as they needed us.”

Her poems were written “in gratitude and in celebration of the thousands of men and women who suffered—and sometimes triumphed—during the months and years following the crash.” Budge wrote her poems as she conversed with families of the victims, workers on land and sea, observers, professionals and local residents.

Budge has published 34 books to date and has traveled widely in Canada and beyond, sharing her books with children and adults.

Born in Halifax, she is a graduate of Dalhousie University and has received the Order of Canada, the Order of Nova Scotia, and honorary degrees from Dalhousie University and Mount Saint Vincent University.

She lives for half the year in Northwest Cove on Nova Scotia’s South Shore.

Rink Repairs Complete in Chester

By Catherine Clute

For skaters and hockey players, from toddlers to old timers, in Chester it has been a long winter. They haven’t been able to skate practice or play on their “home” ice since the Eleanor Pew Morris Memorial arena was closed for repairs in early January.

The roof had suffered stress because of the ice and snow build-up from last winter and was closed for repairs after an inspection by the municipal building inspector. According to the Church Memorial Park Centre manager, Tommy Graves, the work was completed at the end of the day on March 17th. “All is left is the clean up,” he says. It is too soon to tell what the final cost will be as the work is expected to be covered by the insurance company.

These repairs resulted in bringing the facility out of code removing the problem that were in place at the time of its original construction—back in 1969, according to Graves. One thing is certain, “The rink will be ready for normal start up at the end of September,” he says.

Decision to Harvest Lands Prompts 27,000 “No” Signatures

By Keith Aylng

A decision by the Nova Scotia Department of Natural Resources (NR) to harvest over 380 hectares of forest in the famous Northumberland Mersey lands has prompted a petition that has garnered over 27,000 signatures from the Bay area and across Canada.

The land in question runs close to Big Indian Lake and down to Sandy Lake just north of Hwy 103 near the Head of St. Margaret’s Bay.

This is the same area in which the St. Margaret’s Bay Stewardship Association (SMBSA) and others attempted to create a community forest approximately two years ago.

But the request was rejected by DNR, despite several community protests to stop harvesting along the hoop River.

Helga Guderly, Secretary of the SMBSA has since been spearheading the effort to prevent harvesting and points out the forest land contains one section near Scout Island that is frequently used by Boy Scouts of Canada for camping activities.

She says there are also many hiking trails, wood camps, ATV trails and boating activities in the area.

The existing quarry and proposed asphalt plant also enters into the picture.

“The proximity of these lands to the quarry and proposed asphalt plant is highly troubling for the community because of the region’s ecological integrity and...the health of its inhabitants,” says the SMBSA.

However, these efforts to prevent destruction of the land have not gone entirely unnoticed by DNR following a letter released to the St. Margaret’s Bay Lands charity.

“The overall management plan for the St. Margaret’s Bay Lands was also reviewed by the Mersey Woodslands Advisory Committee and will be posted online shortly at https://dnr.gov.ns.ca/natural/wildland/forestcertificates/。”

Helga Guderly says, “This is not a victory for the community. This is not an example of how collaborative land use planning should work. This is just damage control.

“Of course it is good the DNR backed off on clear cutting near the Scout camp—at least for now.”

“Based on the government’s own policy from the Natural Resource Strategy, DNR is supposed to manage these lands in a collaborative fashion with the community, recognizing the land’s multiple values. Instead they are giving it all to industry as a cheap source of fibre.”

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Free Local Services Directory

The Seniors Association maintains a comprehensive free LOCAL SERVICES DIRECTORY to help St. Margaret’s Bay residents find over 500 maintenance, health, professional, retailers, and other service providers in the area. Check out www.BaySeniors.ca under the Local Services tab or use the Google Custom Search box. Is your business or organization listed in the FREE St. Margaret’s Bay Local Services Directory? See website instructions to update or create a new listing. Questions? email:info@bayseniors.ca or leave a message at 902-820-3334.

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For Sale

Antiques and collectibles sale. Friday, April 1 to Sunday, April 3 from 9 a.m. to 4 p.m. each day, 44 Whyachten Point Road, Tantallon.

In Loving Memory

Eva Whiting

“Our Mom, Our Angel”

Looking back on memories we forgot we had. We still smile often but our hearts remain sad. We wanted you to stay, but it was your time to go.

A kind and loving Mother with a heart of gold. Our hearts are warmed by the memories of you we hold. Comforting thoughts, remembering your love. Knowing you’re an angel watching over us from above.

We love you Momxxxx Paul & Helena, Susan & Wayne

In Memoriam

Schwarz, Eva Jean

Chickie you are always on my mind. Words to describe this feeling I cannot find. Love you honey & family

For Rent, to Rent or Loans—Also see “Wanted to Rent”

Woodhaven Seniors Complex—One Bedroom Apartment available immediately in Prospect Bay. Heat, hot water and parking included. If interested, please call 902-223-4979.

In the Matter of: The Scotia Surplus Limited) for Leave to Surrender its Certificate of Incorporation Pursuant to the provisions of Section 137 of the Companies Act, R.S.N.S. 1989, c. 81, as amended

IN THE MATTER OF: The Scotia Surplus Limited) for Leave to Surrender its Certificate of Incorporation Pursuant to the provisions of Section 137 of the Companies Act, R.S.N.S. 1989, c. 81, as amended

NOTICE

SCOTIA SURPLUS LIMITED (formerly Scotia Meters Limited) hereby gives notice pursuant to the provisions of Section 137 of the Companies Act that it intends to make application to the Registrar of Joint Stock Companies of the Province of Nova Scotia for leave to surrender the Certificate of Incorporation of the Company. DATED this 7 day of March, 2016.

Kristin O’Keefe

Kamody Scheffied Lawyers

Head of St. Margaret’s Bay, Nova Scotia Solicitor for Scotia Surplus Limited

Mary Browns Now Hiring!

All positions required. Cook, Cash Supervisor, Food Prep. We are looking for mature individuals to join our team that are motivated, responsible and have a willingness to work. Must be able to work days, evenings, weekends, and holidays.

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For Sale

Antiques and collectibles sale. Friday, April 1 to Sunday, April 3 from 9 a.m. to 4 p.m. each day, 44 Whyachten Point Road, Tantallon.
Sat., Mar. 26, Newfie Breakfast at the Chester Basin Legion from 7:30 to 10:30 a.m. Choose from homemade fish cakes, homemade baked goods, pancakes, or homemade biscuit, scrambled eggs, hash browns, juice, tea/coffee (for $7.00). Adults $8.00, Children $4.00 and preschooers FREE. Homemade baked goods and book sale.

Sun., Mar. 27, Easter Sunrise Service, Queensland Beach, 6:45 a.m.; breakfast to follow at St. A. & M. Church, 7 a.m. Ingrapngt. Everyone welcome.

Mon., Mar. 28, The Hammonds Plains Historical Society will be hosting its March meeting at Cornerstone Wesleyan Church (corner of Hammonds Plains Road and Kingswood Drive) at 7:00 p.m. The presentation will have a look at what Dorothy Beattie Evans’ Book, “Hammonds Plains—The First 100 Years”, via an interview with her family of descendants. Presentation is open to the public with refreshments provided.

Tues., Mar. 29, A Meet and Greet is taking place with the new Leader of the nova Scotia NDP, Reverend Gary Burrill, at the Lakeside Community Centre at 7:00 p.m. All are welcome.

Fri., Apr. 1, Karaoke at the Chester Legion starting 9:00 p.m. Members and guests over 19 years welcome.

Fri., Apr. 1, Friday Soup Lunch, St. Andrews Church, 11:30 a.m. to 1:30 a.m. No charge. Free will offering. Enjoy homemade soups and community time with neighbours near and far. Everyone welcome.

Sat., Apr. 2, Country Breakfast at the Chester Basin Fire Hall from 7:30 to 10:30 a.m. Bacon, sausage, baked beans, scrambled eggs, toast, juice, tea/coffee. Cost $7.00. Take-out available.

Sat., Apr. 2, Pancake breakfast at the Hubbards Area Lions Club from 9:30 to 11:00 a.m. Donation only.

Sat., Apr. 2, Spring Fashion Show—Are you ready for Spring? Then mark your calendars for April 2nd at 1:30 p.m. The St. Nicholas Church will be hosting a Spring Fashion Show featuring the latest trends from the Gray Direct fashions and accessories, courtesy of Jane Doucette, Senior Team Stylist. This is a “try-on”, then enjoy a scrumptious Newport House Lunch. Tickets $3.00 or $5.00 and can be obtained by calling 902-835-3467 or call the St. Nicholas parish office at 902-826-1156.

Sat., Apr. 2, Shake, Rattle & Rescue, 7:00 p.m., a fundraiser and evening of live music, silent auction and 50/50, all in support of two of the area’s animal rescues, SpayDay and Maritime Manor Dog rescue. Cash only event. Brewer’s Bar and Grill in Bedford.

Sun., Apr. 3, Meet and Greet with the new Leader of the nova Scotia NDP, Rev. Gary Burrill, 3:30 p.m. at the Lakesideset, “Macclesfield”, 231 Greenhead Road. All are welcome. For additional information, call Tinda Ma, Apr. Skinner at lmxomoxi@eastlink.ca


Sun., Apr. 3, Fifth Annual Country Music Show at the Masonic Hall, 6384 St. Margaret’s Bay Rd., Head of St. Margaret’s Bay, 7:00 p.m. with Paul Boutilier. Canteen and 50/50 draw. Doors open at 6:30 p.m. Show time 7:30 p.m. Donation $10.00 at the door. For information call 902-826-1555.

Mon., Apr. 4, Blood Donor Clinic at the Chester Legion from 1 to 3:00 p.m. and again from 5:00 to 8:00 p.m. For more info call 1-888-236-6283.

Thurs., Apr. 7, The March Meeting of the Council of Community Organizations (COCO) has had to be rescheduled to Thursday, April 7, 2016 at the Lakeside Community Centre, 1492 St. Margaret’s Bay Rd., Lakeside. The group will be the Beechville Lakeside Timberlea Rails to Trails (BLT2R). Catherine Klenzien, Chair of the BLT2R, will be the Chair of this COCO meeting. For further information please contact Harry Ward at harryward@eastlink.ca or contact John Cascadden at jdcas@slccc.com.

Fri., Apr. 8, The Stafford Memorial Elementary School is holding its Annual Spring Auction. Viewing starts at 6:30 p.m. Auction starts at 7:00 p.m. The auction will be held in the school gym. This is an adult only event. There are a variety of items on the auction block this year. The auctioneers are Hubbards’ own John Stone and Andy Hare. There will be silent auction, live auction, door prizes, raffles, mulitple 50/50 prizes, and a grand prize raffle draw. For information call 902-826-2882.

Sat., Apr. 9, Join us for a Pancake Breakfast at the Masonic Hall, 6384 St. Margaret’s Bay Rd., Head of St. Margaret’s Bay, 8:00 to 10:00 a.m. Adults $7.00, children $5.00. Includes juice, pancakes, scrambled eggs, bacon and sausage, tea or coffee.

Sat., Apr. 9, Yard Sale, 9:00 a.m. to 12 p.m., St. Andrew’s Church Hall, 2553 St. Margaret’s Bay Road, Timberlea. Come out to our spring yard sale! Admission only 50 cents. Lots of good, clean, used clothing, books, household items and more; canteen and bake table.

Sun., Apr. 10, Crib Tournament at the Chester Legion starting 1:00 p.m.

Mon., Apr. 11, The Decline of the Honey Bee. Join Dave Thorne as he discusses the issues around the decline of the honey bee, Chester Basin Fire Hall, 6:30 to 7:30 p.m. at St. Stephens Parish Community Centre, Regent St., Chester.

Thurs., Apr. 14, Please join us to hear Dr. Brenna (McLeod) Frasier talk about “A History of Whaling in East Canada” and hear Dr. Philip Welch on “What do your drug prescriptions really cost and what can you do about it?” at 2:00 p.m. at the Shining Waters Marine. Social time to follow.

Sat., Apr. 16, Breakfast at the Chester Basin Legion from 7:30 to 10:30 a.m. Choose from homemade fish cakes, homemade baked beans, bologna or ham, toast, homemade fried filet of haddock with mashed potatoes, eggs, pancakes, hash browns, juice, tea/coffee for $7.00. Children under 5 years old for tea/coffee for $3.00.

Sat., Apr. 17, boiled egg, bacon, sausage and tea. Presentation is open to the public with refreshments provided.

Sat., Apr. 17, Breakfast at the Chester Basin Legion from 7:30 to 10:30 a.m. Choose from homemade fish cakes, homemade baked beans, bologna or ham, toast, homemade fried filet of haddock with mashed potatoes, eggs, pancakes, hash browns, juice, tea/coffee for $7.00. Children under 5 years old for tea/coffee for $3.00.

Sat., Apr. 17, Lions Lunches start again in March—weather pending. Lions lunches are public (adults only) and held on the second and fourth Wednesday of each month. Lunch is served at noon and costs $3.00. Dessert, tea, coffee and roll included. Try your luck at 50/50 and have a game of bingo if you like.

Lions Breakfasts Pancake breakfasts held 1st Saturday of each month, 9:00 a.m. to 11:00 a.m. Donation only.

Meetings of the BLT Canada Day Group Meetings of the BLT Canada Day Group will be held on April 3 (revised), May 29th and June 26th. These meetings are held at the Lakeside “Macdonald” Legion, 231 Greenhead Road, Lakeside.

The Masthead News ~ The Best Read Community Newspaper in the Fastest Growing Area of nova Scotia Gaining into 15,207 Homes & Businesses!
Local Scottish Dancers Taking Nova Scotia to National Exhibition

The Amethyst Scottish Dancers of Nova Scotia will be taking their unique brand of highland and step dancing to the Canadian National Exhibition in Toronto this summer.

Many of the girls come from the Masthead News circulation area. Throughout the troupe’s history, dancers have entertained tens of thousands including Royalty, cruise ship passengers, and many more at conventions and performances. They will be wowing passengers on board the Queen Mary 2 for the third year in a row when she docks in Halifax this summer.

Made up of dancers aged 9 to 21, the troupe blends traditional and contemporary choreography. Audiences are treated to lively music, exciting and innovative dancing and colorful costumes.

One recent comment from a member of the Canadian Student Leadership Conference of 2015 said, “Such an energy and happiness. It made me proud to have them representing Nova Scotia dancers and our Scottish heritage. We were thrilled that students and teachers from across Canada got to see this amazing group.”

Another comment from an appreciative family said, “Mixing traditional Scottish steps with modern costumes, Amethyst puts on a professional, up beat show that keeps your hands clapping and toes tapping.”

The girls from the Masthead News circulation area include Shaelyn MacDermid, Anna McNeil, Robyn Treen, Teresa Treen, Vanessa Roberts, Victoria Roberts, Julia Shannon, and Callie Lloyd.

For further information, you can go to www.amethystdancersns.com.

For tickets email amethystdancersns@gmail.com.

Call for Exhibitors for Bay Expo ‘16

A family-friendly event, showcasing all that St. Margaret’s Bay has to offer, is coming up on Saturday, May 14th, from 11:00 to 3:00 p.m.

The show is the annual Bay Expo. There will be something for everyone including a silent auction, a used book sale, a car seat inspection clincie, face painting, and arts and crafts.

For those who own a business or provide a service, this is your chance to do some outreach and let the families of the area know about you.

You can sign up for the Expo by contacting the Seniors Association of St. Margaret’s Bay at bayexpo@bayseniors.ca or call 902-820-3334.

Space is limited and will be on a first-come, first-serve basis.

The deadline to register is April 29th.

Registration Open for Lacrosse Players

Registration is now open for new and returning players in Lacrosse.

Those interested can go to www.stormlacrosse.ca.

“Our teams have been very successful in the past number of years and the sport has grown in popularity,” says Irene Gagnon, a member of the St. Margaret’s Bay Storm Lacrosse Executive Committee.

“We have had numerous players who have played on provincial teams to represent Nova Scotia at the National Tournaments in Whitby and British Columbia.”

Bay Treasure Chest Weekly 50/50 Draw

A local community fundraiser for 5-Year-Profit Service Organizations, and a Scholarship Fund. Register and play at one of 14-local retailers. See website for details.

www.baytreasurechest.ca NS Gaming License AGD-100296-16

Deadline for the April 20th issue of The Masthead News is April 13th